



HERO HIGH

**STUDENT
HANDBOOK
2014 - 2015**

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Mission Statement

The mission of HERO High springs from the commitment of the partners, The City University of New York, Hostos Community College, Montefiore Medical Center and school staff to furthering social mobility for their students and the South Bronx community. To this end, we will work together to build a new kind of institution so that the transformation of adolescence culminates in professional employment within the field of healthcare. Students will gain a rigorous high school education emphasizing literacy across the curriculum, accelerated math and science, and work-based learning, and a supported entry to college and work through our Associate degree options in nursing and community health. Students will learn to meet the public health challenges of a changing world by working with others to address the needs of their own communities. We pledge to personalize academic and social supports so that every student reaches his or her potential. Graduates of HERO High will act as leaders in their chosen professions, transforming healthcare delivery systems in ways that improve the well-being of diverse communities in the Bronx and around the world.



Hostos Community College



**Health Education &
Research Occupations
High School**

Hero High Staff Directory

Health Education and Research Occupations High School (HERO High)

455 Southern Boulevard, Main Office Room 109

Bronx, New York 10455

School's Main Telephone Number: 718-585-8013

School's Dedicated Fax Line: 718-585-8019

General E-Mail Inquiries: info@herohigh.net

Transportation:

#6 Train to 149th Street Station or #19 Bus to Wales Avenue

| Staff Member | Room | Email |
|--|------|--|
| Kristin Cahill, Principal | 110a | kcahill@herohigh.net |
| Susanna Tenny, Assistant Principal | 110a | stenny@herohigh.net |
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| Teresa Regina, Secretary | 109 | tregina@herohigh.net |
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| | | |
|---|------|--|
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| Dr. Albert Pitter, History Teacher | 118 | Apitter@herohigh.net |
| Vincia Richardson, Math Teacher | 119 | vrichardson@herohigh.net |
| Sasha Simon, Health Carear | 107A | ssimon@herohigh.net |
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| Rob Sorenson, ESL Teacher | 217 | rsorenson@herohigh.net |
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| Jasmine Testa, History Teacher | 116 | jtesta@herohigh.net |
| Daniel Thompson, English Teacher, Advisor | 117 | dthompson@herohigh.net |
| Lucile Jordan, Para Professional | 109 | ljordan@herohigh.net |
| James Burgos, Dean | 110a | jburgos@herohigh.net |
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| | | |

HERO High Community Values

Empowerment

True heroes take their learning into their own hands. They know they are strong, and they plan to do great things with their lives. They set goals for their future, goals for the semester, and goals for every single day. When they encounter challenges, they find allies who will help them. They make sure to return the favor when someone else in the community needs help. True heroes realize their dreams by working hard and working together.

Justice

The teachers at HERO High are experts in their fields. HERO students watch closely as HERO teachers model the skills needed to read the hardest books and tackle the toughest problems. HERO teachers will tell you what you need to learn to succeed, how to learn it, and how they assess your progress. Together, HERO students and teachers ask tough questions, wondering why academic content and skills are important and interesting, and discovering how they can use new knowledge to reach their goals and make the world a better place. Classes at HERO High are challenging – who else takes college classes in the 10th grade? So HERO students put in the long hours that will help them to reach their goals – they come to school early, leave late, and spend their weekends and summers reading, taking extra classes and putting their skills to work in order to help others.

Empathy

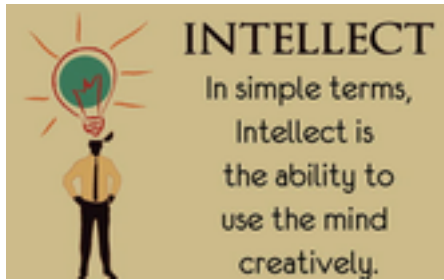
True heroes never miss a chance to read, write and solve problems. They know that the biggest key to success in school and life is being a reader. They read novels, textbooks, primary documents, research papers, magazines, newspapers, comic books, poems, blogs – anything they can get their hands on. They love to talk about what they've read with other people, contribute to important debates through their own writing and wonder together – what does it feel like to be in someone else's shoes? HERO students use what they've learned from all of that reading to solve the world's toughest problems. They are always prepared: with a book to read for fun, a notebook and pen to record their thoughts and the conviction that there is always a way to make the world a better place.

QUALITIES OF A TRUE HERO

A true hero is:

- **Curious** - eager to know or learn something.
- **Optimistic** - hopeful and confident about the future.
- **Collaborative** - works positively with others.
- **Persistent** - continues in spite of difficulty.
- **Resourceful** - able to deal well with new or difficult situations and find solutions to problems.
- **Resilient** – able to become strong, healthy or successful again after something bad happens.
- **Reflective** – thinking carefully about something.
- **Professional** – exhibiting a courteous, conscientious and generally businesslike manner in the workplace.
- **Honest** - good and truthful; not lying, stealing or cheating.
- **Fun** – someone that is amusing or enjoyable.
- **Committed to social justice** – helps to build a just, fair and diverse world.
- **Kind** – considerate and helpful to others.

Key Intellectual Skills:



Understand

- Gather information
- Ask questions
- Evaluate quality and context of information/sources
- Synthesize and interpret information

Act

- Develop a plan
- Make strategic and stylistic choices
- Attend to precision
- Present findings and convince others

Revise

- Think critically
- Assess strengths and weaknesses of plan
- Attend to precision
- Enact a plan for improvement

Questions for Self-reflection:

As I grow at HERO High School, I should ask myself...

Grade 9:

Who am I? What are my strengths/ challenges? What are my academic, personal and professional goals? How am I reaching my goals? What is health and how does it manifest in my life, family and community? What is illness and how does it manifest in my life, family and community? Who am I going to be at the end of this year? Have I made connections with teachers to pass my courses? Have I accumulated all my necessary credits to move ahead in grade? Have I passed my NY Regents Exams with a score of 80 or above? Am I practicing the information I am learning about health within my personal life?

Grade 10:

What is the nature of our school, community, society and world? Who is my community? Who am I within my community? What systems exist to support health in my community and are they effective? What is my specific role in supporting the health care system? How am I reaching my goals and potential? Which specific program will I follow in college? Have I made connections with teachers and professors to pass my courses? Have I accumulated all my necessary credits to move ahead to the next grade? Have I passed my NY Regents Exams with a score of 80 or above? Am I maintaining at least a 3.0 GPA? Am I practicing the information I am learning about health within my personal life?

Grade 11:

What kind of systems and tools exist to support health care? How will I use the tools of my chosen profession? How am I applying my education and skills towards the work I want to do? How am I moving forward to become a professional in my selected field? Have I made connections with teachers and professors to pass my courses? Have I accumulated all my necessary credits to move ahead to the next grade? Have I passed my NY Regents Exams with a score of 80 or above? Am I maintaining at least a 3.0 GPA? Am I practicing the information I am learning about health within my personal life?

Grade 12:

Who am I? What are my strengths/ challenges? What are my academic, personal and professional goals? How am I reaching my goals? What is health and how does it manifest in my life, family and community? What is illness and how does it manifest in my life, family and community? Have I made connections with teachers and professors to pass my courses? Who am I going to be at the end of this year? Have I accumulated all my necessary credits to graduate from high school? Have I passed all my NY Regents Exams with a score of 80 or above? Am I maintaining a 3.0 GPA? Am I practicing the information I am learning about health within my personal life?

General School Policies:

Attendance Policy

Come to school every single day on time. It's a fact that students who attend school regularly learn more and are more successful in school. Attendance patterns are formed early in the school year. Good attendance habits will continue throughout schooling and career paths. Going to class on time is also a requirement at HERO High. Leaving class early is not acceptable. If a student is not feeling well and will miss a day of school, please have a parent or guardian to call the school and advise the secretary that you will not be in for the day. Students are now required to bring a note the following day after an absence. Students are to stay in school the whole day and not leave before dismissal.

Lateness Policy

Breakfast is served every morning at 8:00 am. School begins promptly at 8:35 am every day. The Gompers Campus is a scanning DOE Building. Students are to keep this in mind when scheduling their travel time. In the event a student is late, you are to sign into the main office, receive an official late pass, and go into class. The time late has to be made up during detention after school. Parents will be notified of lateness.

Detention Policy

Student will receive a detention slip during afternoon advisory. In the detention slip, it will state the offense and the location where detention must be served. In the event a student is assigned a detention and does not show, an immediate parent conference will be schedule to determine suspension. Detention is the process of correcting behavior and relationships without moving towards suspension.

Suspension Policy

Students are to follow Chancellor's regulation and comply with teachers Norms and Expectations. In the event an offense is serious and severe, a student will face three kinds of suspension: 1. In house suspension is when you are suspended in school and are to work in one room the whole day, with your work being brought to you from your teacher. 2. Modified Suspension is when you are to report to school at a specific time, pick up assignments and work for 2 hours after regular school hours. 3. Superintendent suspension is when you have a hearing outside of school and serve your suspension in a different location to serve your suspension. We encourage all students to properly follow all school rules.

Dress Code Policy

Students are expected to be in full uniform before entering the Gompers Campus. Uniform is to be worn at all times throughout the school day and school trips. Hats and other head accessories are to be worn only in the cafeteria during lunch. Students should not wear headgear while in class, hallways and offices. Students at HERO High should strive to present themselves professionally on a daily basis. On any given day, we may be visiting a hospital, hosting important visitors from an employer or college partner, or making a presentation to community members.

Food Policy

Breakfast is provided for students every morning in the cafeteria. Lunch is provided for students every afternoon in the cafeteria. Students are not to bring outside food into the building.

Cutting, Roaming and Exit Policy

Students are to follow their regular schedule everyday. Early dismissal is not acceptable unless told other wise by The Department of Education. Being in the school building and not in class is considered cutting. Every HERO High student is to be in his or her assigned place. There are multiple schools in the Gompers Campus and all students are to stay within their school boundaries. Students leaving early and going through unauthorized exits will be suspended.

Respect and Conflict Policy

Everyone is entitled to his or her opinion. On occasion there might be a misunderstanding and conflict can occur. Respect is the equalizing factor to keep things and emotions in order. Every student is encouraged to be respectful in school, community, trips and social media. Mediations are available to discuss conflict in private with professional staff members. Aggressiveness, bullying and fighting with anyone will not be tolerable. Having a difference of opinion with a staff member may happen, but disrespect will not be accepted.

Electronic Policy

All technology will be provided for students in and out of the classroom. Cell Phones, Mp3's, Tablets and laptops are not to be brought into the Gompers Campus. Electronic devices are a distraction from class and it will not benefit student's grade.

Hostos and Montefiore Trip Policy

All students are to have permission slips filled out before being able to go on trips. Students are expected to have no pending discipline issues if they are to go on a trip. If a student has received a suspension before a trip, expect to not go on a trip. All students that are going on a trip are expected to participate with their advisory and attend the trip. Students that stay back from a trip are to read independently, work on regent's prep and community projects.

Advisory

Advisory is a small class of 12-15 students who will stay with one advisor for the whole year. Advisors are excited to get to know students and serve as mentors/advocates and additional academic support. Advisory takes place every morning for 20 minutes and it happens on three days of the week (Tuesday, Wednesday and Thursday) for 38 minutes at the end of the day.

Discipline Approach:

HERO High's approach to discipline is through the process of Restorative Justice. The Restorative Justice process is to help create an empowering relationship with at least one adult in the the HERO Community, starting with each student's direct advisor. Each relationship between student and staff is to promote upstanding of members within the HERO High community. Each student is treated with respect, compassion and support to help promote positive behavior and deter inappropriate behavior. Students are encouraged to practice the Qualities of a True Hero as norms and expectations during school, college trips, career trips, social trips and out-of-school events.

HERO High aims to approach "discipline with dignity". Understanding discipline as a "teachable moment" is fundamental to a positive approach to discipline. HERO High understands immediate response to a situation is key to successful intervention in any particular conflict, in or out of school. We also pride ourselves in being preventative by having advisories, check-in meetings, mediations and adult supervision at all times. When making discipline decisions, HERO High follows Chancellor's Regulations (Citywide Standards of Intervention and Discipline Measures, the discipline code) which can be viewed electronically at

<http://schools.nyc.gov/RulesPolicies/DisciplineCode/default.htm>.

HERO High gives everyone a platform for conflict resolution and all parties are given an opportunity to speak about their perspective. Wrong-doers are supported in the process of taking accountability for their actions and enabling them to restore the relationship harmed. Discipline is a community effort and together we can have a positive high school experience here at HERO High.



Bell Schedule

*All students must be at the school entrance at least 15 minutes prior to class.

| Periods | Monday | Periods | Tuesday - Thursday |
|--------------------|-------------------|--------------------|--------------------|
| AM Advisory | 8:35am – 8:55am | AM Advisory | 8:35am – 8:55am |
| 1 | 8:57am – 9:47am | 1 | 8:57am – 9:47am |
| 2 | 9:49am – 10:39am | 2 | 9:49am – 10:39am |
| 3 | 10:41am – 11:31am | 3 | 10:41am – 11:31am |
| Lunch | 11:33am – 12:14pm | Lunch | 11:33am – 12:14pm |
| 4 | 12:16pm – 1:06pm | 4 | 12:16pm – 1:06pm |
| 5 | 1:08pm – 1:58pm | 5 | 1:08pm – 1:58pm |
| 6 | 2:00pm – 2:50pm | 6 | 2:00pm – 2:50pm |
| | | PM Advisory | 2:52pm – 3:30pm |

| Periods | Friday |
|---------------------------------|--------------------|
| AM Advisory | 8:35am – 8:55am |
| 1 | 8:57am – 9:47am |
| 2 | 9:49am – 10:39am |
| 3 | 10:41am – 11:31am |
| Lunch | 11:33am – 12: 13pm |
| 4 | 12:15pm – 1:00pm |
| 5 | 1:00pm – 1:50pm |
| Work Based Learning/Trip | |
| 6 | 1:50pm – 2:50pm |
| Work Based Learning/Trip | |

School Sports / After School Activities

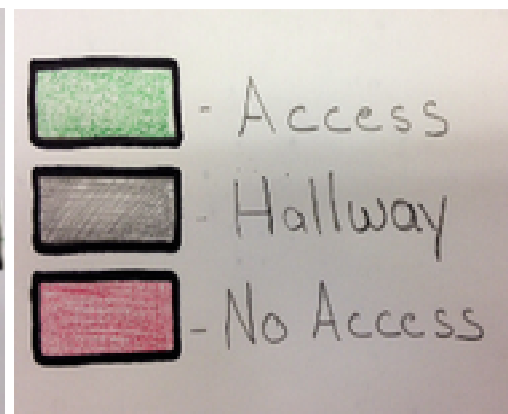
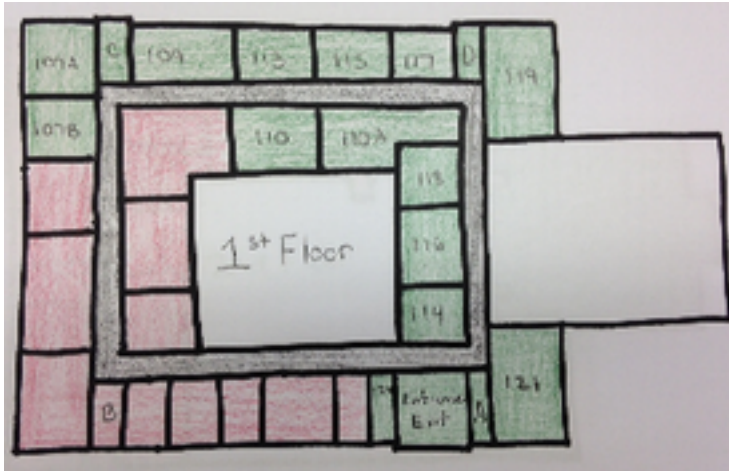
Here at HERO High School there are a number of sports, activities and events that are available for both female and male students. We encourage our students to join the sport teams, activities or events that best fit their specific interests.

Interested in being a Student-Athlete?

- In order to maintain eligibility within a marking period, a student-athlete must maintain a minimum of 90% school attendance in the marking period used for eligibility evaluation.
- A student-athlete must be present in school and must attend all scheduled classes in order to participate in any tryout, practice, scrimmage, or contest on that day.
- Student must leave to practice, game or sporting event at designated time set by coach and Administration. Leaving before that time will be considered to be cutting and suspension from team with possible removal.



School Map



Pupil Path

Parent/Student access to info through “Pupil Path”

We are pleased to announce that HERO High uses “Pupil Path” to bring students immediate information regarding education. “Pupil Path” allows students/parents/guardians to view assignments and projects due as well as students’ performance in each class including homework, class work, tests, and quizzes. Students/parents/guardians will be able to view progress reports from teachers, transcripts and graduation eligibility status and attendance in class.

To Register into Pupil Path go to: www.pupilpath.skedula.com

Click “Parents Register” if you are a parent,

Click “Student Register” if you are a student.

Then complete the following:

- Your email address (Parents and students)
- Your first and last name (Parents only)
- Your child’s school (Parents and students)
- Your child’s OSIS (9 digit school ID number on your child’s ID card)
- Your child’s date of birth (Parents and students)



Traveling

Coming to school is important. Coming to school on time is great. Coming to school safely is priority. Here are some traveling suggestions.

- Travel to and from school with another student.
- Walk directly towards your destination both going to and leaving school.
- Keep in contact with your parents/guardians before traveling to and from school.
- Be aware of your surroundings. If things look suspicious let someone of authority know quickly. (i.e. police officer, advisor, MTA conductor)
- Important or valuable items should not be exposed in public. (i.e. Jewelry, cell phones, tablets, game systems, money)
- We strongly encourage and promote every student to use the 149th street #6 train station or the BX19 bus to Wales Avenue.



Scanning

Samuel Gompers Campus is a scanning school. Every morning when entering the building every student will be scanned. This process can be complicated and lengthy. It is important to scan so that we keep our school community safe. In order to make the scanning process easier and quicker, below are a few tips.

1. Come to school earlier than first period.
2. Remove all objects from your possession and put the items in the plastic bin through the metal detector.
3. Foods and drinks are not allowed in the building and should be disposed before entering the building.
4. Electronics are not allowed in the building and should be left home. (i.e. tablets, cell phones, game systems, headphones)
5. Drugs and alcohol are not allowed, ever.
6. Weapons are not allowed, ever.
7. At all times, students are to listen and respond to the instructions given by School Safety Agents.





Public Notification of Non-Discrimination Policy

Non Discrimination Policy: It is the policy of the Department of Education of the City School District of the City of New York to provide educational and employment opportunities without regard to race, color, religion, creed, ethnicity/national origin, disability, sexual orientation, gender (sex), and prior record of arrest or conviction (except as permitted by law), and to maintain an environment free of unlawful harassment, including sexual harassment and retaliation. Contact Person: Office of Equal Opportunity, Ms. Gina Martinez, Compliance Officer, 65 Court Street, Suite 323, Brooklyn, New York 11201 (718) 935-2135. If you have been subject to any violation of the Civil Rights Act of 1964, please contact: Carlos Santiago Assistant Principal in Room 468 (718) 944-3595.