

Psychology
R. Jenkins, M.S., M.A.
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Final Exam Study Guide

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| 1. Attractive People | 46. Personality disorders |
| 2. 1 st impressions | 47. Psychotherapy |
| 3. Possible mates | 48. Splitting |
| 4. Submissive / dominant | 49. Magical thinking |
| 5. Rebound | 50. Freud's focus |
| 6. Fail marriages | 51. Identification |
| 7. Practice players | 52. Erikson |
| 8. Procrastination | 53. Propranolol |
| 9. Be better than peers | 54. Piaget |
| 10. Practice without focus | 55. Object permanence |
| 11. Hours per week & per year | 56. Ethics |
| 12. How to succeed | 57. Morals |
| 13. Choking v panicking | 58. Store-keeper's Law |
| 14. Implicit – explicit learning | 59. Psychosocial development |
| 15. Stress & short term memory | 60. Uninvolved parents |
| 16. Lucky or good? | 61. Authoritarian parents |
| 17. Threshold IQ | 62. Laissez-faire parents |
| 18. Dedicated practice | 63. Democratic parents |
| 19. Anxiety & opt. performance | 64. Disorganized attachment |
| 20. Anxiety – self-consciousness | 65. Avoidant attachment |
| 21. Success marriage %'s | 66. Initiative |
| 22. Dopamine | 67. Autonomy |
| 23. Oxytocin | 68. Industry |
| 24. Vasopressin | 69. Shame & doubt |
| 25. Endorphins | 70. Egocentric |
| 26. Phenyl-ethylamine | 71. Sensorimotor |
| 27. Serotonin | 72. Preoperational |
| 28. New couples feel | 73. Concrete operations |
| 29. 34-minutes | 74. Formal operations |
| 30. Attachment chemicals | 75. Obstacle to human happiness |
| 31. Love at 1 st site chemicals | 76. Devastating injuries/ diseases |
| 32. Kohlberg stages | 77. Victor Frankl's contributions |
| 33. Age of hypothetical's | 78. Satisfied with nothing |
| 34. Conversion disorders | 79. Double blind |
| 35. Schizotypal | 80. Single blind |
| 36. Schizophrenia | 81. Longitudinal |
| 37. Antisocial | 82. Cross-sectional |
| 38. Histrionic | 83. Hypochondriac |
| 39. Dependent | 84. Dissociative Fugue |
| 40. Sociopath | 85. Visualization |
| 41. Psychopath | 86. Sensory deprivation tank |
| 42. Psychosis | 87. Milgram |
| 43. Neurotic | 88. Stanford Experiment |
| 44. Borderline | 89. Hypothesis v theory |
| 45. Narcissistic | 90. Thesis v dissertation |
| | 91. PhD v EdD v PsyD |

92. MD – Psychiatrist
93. Masters degree req.
94. Psychotherapist Req.
95. Depression decision-making
96. How to be happy
97. What we think makes us happy
98. Why go into therapy
99. Inferential stats
100. Mean, median, Range and Mode
101. Curve – bell shaped
102. Self-fulfilling prophecy
103. Learned helplessness
104. Ethics in experiments
105. Research v experiment
106. Correlations
107. Free association / dream analysis
108. Latent learning
109. Positive punishment
110. Negative punishment
111. Positive reinforcement
112. Negative reinforcement
113. Gestalt Psychology
114. Aversive stimulus
115. Teenage sex – depression
116. Escape conditioning
117. Operant conditioning v classical conditioning
118. Generalization
119. Discrimination (stimulus)
120. Conditioned response
121. UCS – UCR – NS – CS – UCR
122. Ivan Pavlov
123. B.F. Skinner
124. John Watson
125. Erik Erikson
126. Sigmund Freud
127. Anna Freud
128. Piaget
129. Carl Jung
130. Carl Rodgers
131. Abraham Maslow
132. Ron Jenkins (kidding)
133. Adrenal gland
134. Thyroid gland
135. Nervous breakdown
136. Hyperthyroid
137. Hypothyroid
138. HGH
139. T-3 and T-4
140. Ventromedial Hypothalamus
141. Max Heart Rate
142. Fitness Zone
143. Healthy Heart Zone
144. Wellness
145. Obese – external cues
146. Intrinsic v extrinsic motivation
147. Fat % & obesity
148. Pituitary gland
149. Endocrine system
150. Twin studies
151. Left side v right side brain
152. Split-brain surgery
153. Corpus callosum
154. Forebrain / midbrain / hindbrain
155. Genetics v environment
156. Subutone
157. Estrogen
158. Progesterone
159. Testosterone
160. Prolactin
161. Oxytocin
162. Alzheimer’s
163. Prospect Theory
164. Maximizers
165. Satisficers
166. Perfectionists
167. Myelin
168. Dendrites
169. Synapse
170. Cell Body
171. Neuron
172. Neurogenesis
173. Downward spiral marriage
174. Rebound
175. Volatile
176. Validating
177. Validation
178. Altruistic
179. Gottman – discuss issue
180. Survival – scripted
181. Handle breakups
182. Abuse
183. Contempt
184. Defensive
185. Stonewalling
186. Criticizing
187. Dating time
188. Engagement time
189. Spontaneous recovery
190. Response chain

191. Shaping
192. Magic ratio
193. Accepting – conflict avoiding
194. Resolve differences
195. Why practice anything
196. Confidence
197. 4-inch beam & failure
198. Controlling thoughts
199. Conscious v unconscious mind & success
200. Justify failure
201. Pro athlete's performers' success %
202. Thoughts per day
203. Flooding
204. Super ego
205. Id and ego
206. Defense mechanisms – all of them
207. Ego ideal
208. Alpha
209. Dis-inhibition
210. Acquisition
211. Dog reps to learn
212. Dog reps to shape
213. Little Albert

NOTE: The Final Exam is designed to have you focus and learn the following:

- 1) Information that you will be exposed to in your college psych classes
- 2) Information that will help you in your relationships
- 3) Information that will help you become successful,
- 4) Information that will allow you to perform your best when it counts.