

7th Grade

Name \_\_\_\_\_

Assignment #5

Due: 10/25/13

Running # \_\_\_\_\_

Period \_\_\_\_\_

### **P.E. Vocabulary**

In **COMPLETE** sentences please do the following:

1. Define each vocabulary word as it relates to health/physical education.
2. Answer question in complete sentences (at the bottom.)

**1. Goal-**

**2. Clavicle-**

**3. Sternum-**

**4. Cool Down-**

**5. Muscular Endurance-**

**Give 3 reasons why physical education is important to you (in complete sentences.)**