Health is a graduation requirement. **All** students will be required to take this one semester course during the 9th grade. This form is for students with special circumstances or impacted schedules. A schedule is considered to be impacted if a student cannot take the Health course as a part of their regular school day. This may include students in programs such as IB, MERITS, APA, MUN, CIBACS, Honors courses and Band. These options are for those students only. Administrative approval is needed in **advance** for each student to select one of the alternatives listed below. Please indicate from the selections below when/how your student will complete this requirement. **Parents of 8th grade students are asked to wait until class scheduling begins in April to contact the high school Assistant Principal or Guidance Staff.**

Options:
1. Take the Health class in the 10th or 11th grade.
2. Take the Health class concurrently through adult school program in the summer after the 9th grade, or during 10th or 11th grade.
3. Take the Health class from an approved program outside of HBUHSD. In order for a student to be eligible for this option, options 1 and 2 above must not be possible for the student.

### Option 1 – Use the grids below to play your schedule for the 10th or 11th grade.

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<tr>
<th>10th Fall</th>
<th>10th Spring</th>
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<th>11th Fall</th>
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### Option 2 – Concurrent enrollment through Adult School program.

Once I complete the 9th grade, I will apply for Concurrent Enrollment at Adult School to take the Health Course by meeting with my Guidance Specialist.

### Option 3 – Take Health outside of HBUHSD from an approved program.

By opting to take Health from an approved program outside of the HBUHSD, I understand that my student will not be given any credit or letter grade on the HBUHSD transcript and will be able to obtain a waiver for the graduation requirement of Health. 220 credits for graduation are still required. An official transcript from the school of choice will be required upon completion of the Health class.

- [ ] Pacific Coat High School, through the Orange County Department of Education ([www.pchs.k12.ca.us](http://www.pchs.k12.ca.us))
- [ ] Pacific View Charter School ([www.pacificview.org](http://www.pacificview.org))
- [ ] Brigham Young University Independent Study Program ([www.elearn.byu.edu](http://www.elearn.byu.edu)) (fees required)
- [ ] Other: __________________________________________

Name of Program

Student Signature: ___________________________ Date: __________

Parent/Guardian Signature: ___________________________ Date: __________

Asst. Principal, Guidance Signature: ___________________________ Date: __________
Approved On-line Health Programs for Out of District Consideration

Orange County Department of Education – Pacific Coast High School
Pacific Coast High School is a public independent study program offering online courses at no cost. Pacific Coast High School is a WASC accredited school. Students are not required to be in the fall/spring program to enroll in a summer program. No application required, just the completion of the enrollment form. Contact the school for enrollment dates. Enrollment is limited and subject to availability. Additional information may be obtained at www.pchs.k12.ca.us or by calling 714-245-6500.

Pacific View Charter School
Pacific View Charter School opened in August 1999. In October of 2003, WASC granted the school a 6-year term of accreditation. The program utilizes the web for almost all student-teacher interactions, but courses generally requires weekly face-to-face contact. Students meet with their teachers in real time, with live audio, video, and more. Students are not required to withdraw from the home high school to enroll in a summer program. There are no costs associated with this course. Contact the school for enrollment dates. Currently, there is no limit to the number of students who may be enrolled. Program information may be obtained at www.pacificview.org or by calling 1-760-757-0161.

Brigham Young University Independent Study Program
Health 041 Health Education
The Brigham Young University Independent Study High School Program is accredited by the Northwest Association of Accredited Schools (NAAS). Students can enroll at anytime and have up to one year to complete the course, but it may be completed in less time. A proctor who has been approved and certified by BYU must proctor all exams. Members of the HBUHSD staff may apply as long as they meet the requirement for certification. Contact the school for current fees. There is no required textbook. Program information may be obtained at http://is.byu.edu/is/site/coursesr by calling 1-800-914-8931.