

# POLICY

## SOMERSET COUNTY BOARD OF EDUCATION

<b>Date Submitted:</b> November 20, 1979 December 13, 2005 February 17, 2009 <b>Date Reviewed:</b> April 26, 1982 June 20, 1995 November 16, 1999 December 13, 2005 February 17, 2009	<b>Number:</b> <b>500-12</b>
<b>Subject:</b> Physical Education Guidelines for Secondary Schools	<b>Date Approved:</b> December, 1979 January 17, 2006 March 17, 2009 <b>Date Revised:</b> June 15, 1982 December 20, 1988 June 20, 1995 December 14, 1999 December 13, 2005 February 17, 2009 <b>Date Effective:</b> December 14, 1999 January 17, 2006 February 17, 2009

### 1. **PURPOSE**

To establish guidelines for the implementation of a physical education/activity program in all secondary schools.

### 2. **REQUIREMENTS**

The Board of Education of Somerset County, recognizing the importance of a program of physical activity for all student education, established the following guidelines for implementing physical education in all secondary schools.

- A. Dress Requirements** - In order to participate in Physical Education classes, middle and senior high school students must wear apparel approved by the instructor based on the activity and the season of the year.  
For safety reasons, students are required to remove all jewelry during the class period.
- B. Showers** - The nature of the Physical Education activity determines the necessity for taking a shower. Students are urged to shower when it is considered necessary by the instructor, however showers are not required. The school will furnish locker space to each student enrolled in Physical Education.
- C. Non-Participation Because of Medical or Physical Handicap** - Any student with a known physical or medical deficiency or handicap is responsible for making the school aware of this problem as soon as deficiency or handicap becomes known. This condition must be certified by a physician within a reasonable period of time. The physician must also certify when the student is physically able to resume participation in Physical Education.

A student may be excused from participation in Physical Education by the instructor on a daily basis providing the student produces a note from the parent or guardian indicating a physical or medical reason for non-participation. All long-term excuses must be certified by a physician

- D. Title IX Compliance** - A school shall not provide any Physical Education program where participation or activity separates the class on the basis of sex, nor will any student be denied permission to take Physical Education on the basis of sex. However, students may be separated by sex for periods of time when contact sports are being played as part of the Physical Education unit. Additionally, locker rooms will continue to be assigned on sex-separated basis with shower supervision done by female teachers for girls and male teachers for boys.
- E. Requirements for Graduation** - All students will be required to have one half credit of Physical Education for graduation between grades 9 through 12 as stated in Bylaw 13A.03.02.03.