

# Parent & Child Activity Calendar

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## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May 2013</b>			<b>1</b> It's Physical Fitness and Sports Month. Enjoy some new physical activity you can do together as a family.	<b>2</b> Look at a photo in the newspaper today with your child. Talk about it. Then read the article together.	<b>3</b> Tonight, look at the moon. Is it a crescent, full circle or half circle? Draw the shapes and let your child choose.	<b>4</b> Take an early morning walk with your child. Look for signs of spring.
<b>5</b> It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.	<b>6</b> At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.	<b>7</b> Have your child look at his reflection on the back of a spoon. How does it make him appear?	<b>8</b> Talk about the five food groups with your child. Together, try to classify the foods in your cupboard.	<b>9</b> Help your child measure something with a ruler. Count the inches together.	<b>10</b> Let your child draw on paper with a white candle. Her picture will magically appear when she paints over it with watercolors.	<b>11</b> Celebrate National Bike Month by having your child review the "rules of the road."
<b>12</b> Encourage your child to put on a talent show or puppet show. You provide the popcorn and the applause.	<b>13</b> How would your child handle an emergency? Teach him how to call 911. What should he say?	<b>14</b> Let your child see you keep your temper when you are angry. Talk about how you feel instead of yelling.	<b>15</b> Ask your child to complete sentences like, "If I had one wish, it would be ..." or "Something I'm getting better at is ..."	<b>16</b> Ask your child to imagine life 150 years ago. How about 150 years in the future?	<b>17</b> Plan a reading dinner. Share something you have learned today.	<b>18</b> Help your child check out a book on insects. Together find and identify some in your backyard.
<b>19</b> Hide pennies around the house. Give your child a bag and have her find as many as she can.	<b>20</b> Watch the news with your child. Choose a "Person of the Week." Read more about that person.	<b>21</b> Look at the weather forecast today. Compare where you live to the rest of the country.	<b>22</b> Look at photos from a year ago. Your child will be amazed at how much he has grown!	<b>23</b> Help your child do something nice for someone else today.	<b>24</b> Ask your child to give you a "six o'clock report" about what went on today. What's the "lead story"?	<b>25</b> Play a game with your child today. It can be an active outdoor game or a quiet board game.
<b>26</b> Have a "Family Night In." Pop a big bowl of popcorn. Everyone should curl up with a good book.	<b>27</b> Remove three items from your purse or pocket. Show them to your child. Put them away. Can she name them?	<b>28</b> Glue a photo of a family member on a page. Have your child decorate around it with drawings.	<b>29</b> Fill glasses with different amounts of water. Have your child tap them and listen to the different tones.	<b>30</b> Play a game of Concentration with math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	<b>31</b> Help your child make a bookmark. Decorate construction paper and cover it with clear contact paper.	