

---

# Directions

---

ウエ



シタ



ミギ



ヒダリ

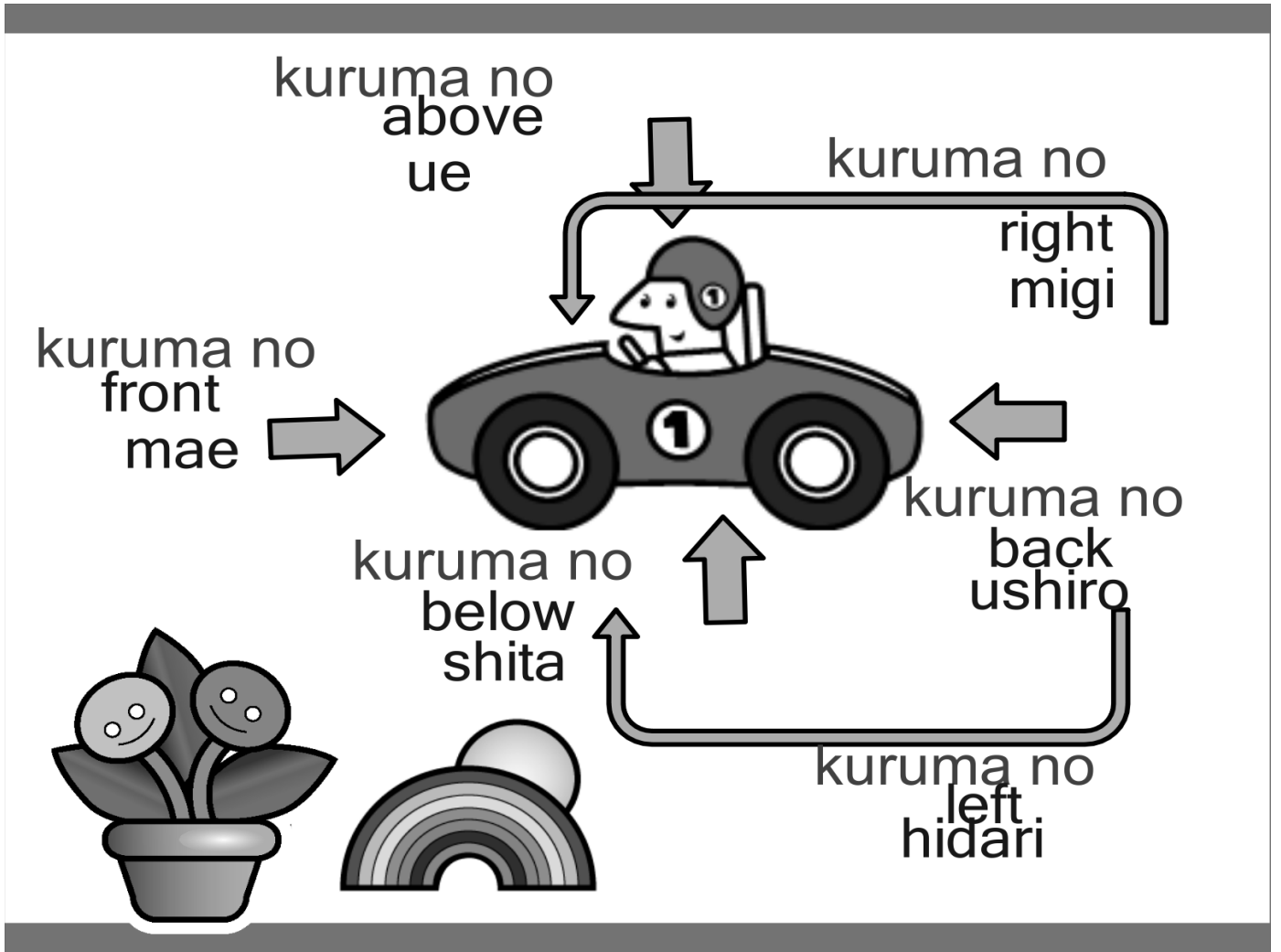


マエ



ウシロ





Make up a dance that uses all  
six directions:

migi	mae	ue
hidari	ushiro	shita

Each person in the group must do all motions at the same time, and say the words in Japanese.

Your entire group will be judged on saying the words accurately, being in unison, mastery and enthusiasm.