

How well are you listening to your child?

Communication between you and your child is very important. You want her to know that she can talk to you about school problems or difficult situations she may be facing. But when your child talks, are you really listening? Answer yes or no to the questions below to find out:

- ___1. Do you give your child some uninterrupted listening time every day, like when she comes home from school?
- ___2. Do you avoid interrupting your child when she is speaking to you?
- ___3. Do you tell your child if you are unable to listen to what she is saying and set a time when she can have your full attention?
- ___4. Do you ask questions if you don't understand what your child is saying?
- ___5. Do you sometimes rephrase what your child has said to make sure you understand?

How well are you doing?

Most yes answers mean you have strong listening skills. For no answers, try those ideas.

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