



# The Rules of Love and Logic

## RULE #1

Adults set firm limits in loving ways without anger, lecture, or threats.

## RULE #2

When a child causes a problem the adult hands it back in loving ways.

1. In a loving way, the adult holds the child accountable for solving his/her problems in a way that does not make a problem for others.
2. Children are offered choices with limits.
3. Adults use enforceable statements.
4. Adults provide delayed/extended consequences.
5. The adult's empathy is "locked in" before consequences are delivered.

*People who are really successful implementing this skill  
Purchased Four Steps to Responsibility*

