



Waimea Elementary School Newsletter

September
2014

*Mark
your
Calendar*

- 10/3 – Hawaii First Save First Program Deposit Day!!
- 10/6 – 10/10 Fall Break – NO SCHOOL
- 10/21 – Teacher Institute Day – NO SCHOOL
- 10/27 – 11/12 – School out at 1:15pm every day to accommodate parent-teacher conferences
- 10/29 – School Kine Cookie order Pickup – *one day only*
- 11/3 – Complex Training Day – NO SCHOOL
- 11/4 – Election Day – NO SCHOOL
- 11/27 – 11/28 – Thanksgiving Holiday

Mahalos!!

*Mahalo to all the students who participated in our *very* successful School Kine Cookie fundraiser (see pg 3). Top sellers include: Francis Rei Derla, Arvyn Asuncion, Gabriel Timothy Suetos, Aiden Gonsalves, Ryshel Nillo, Kalen Martins, Alyssa Atkinson, and Shaylee Buckley.*

What happened in September:

- School Kine Cookie Sales

What's happening in October:

- Hawaii First Save First Program Deposit Day
- School Kine Cookie pickup on October 29th
- Fall break October 6-10
- No School on October 21
- Parent-Teacher Conferences begin Oct 27
- 1st Quarter Awards Ceremony & Fire Safety Assembly on October 27



STUDENT COUNCIL ELECTION RESULTS

The results are in!!

We have completed the election for this school year, and here are the results:

President - Luke Keliikuli

Vice President - Kylee Neal

Secretary - Michaela Branco

Treasurer - Pele Carvalho

New Morning Procedure

Over the summer several representatives from different grade levels met as the **Positive Behavior Support committee**. The committee, over several days, set up the new morning routine that has been in place since the beginning of the school year.

The routine of students reporting to the cafeteria and then participating in structured activities has definitely had a positive effect on the referrals and health room visits that have occurred before school.

The data that the school collects shows that both referrals and health room visits have been significantly reduced during the before bell period. Health room visits are down by over half and morning referrals have gone down more than health room visits.

Mahalo to all parents and teachers who have supported this new morning program, helping to keep our keiki safe and reinforcing positive behavior. The PBS/Kupono Committee

Bullying Basics:

How would you define bullying? There is a difference between bullying and normal conflict that kids have with each other.

Elements of bullying include:

An intent to harm

An imbalance of power.

Repeated aggression and/or threat to further aggression.

It can take multiple forms, including physical, verbal, social, sexual, and cyber (electronic)

It's important to hold children accountable for their behavior. Children who bully need to show that they are sorry by making an effort to right their wrong. They must take responsibility for their actions. Many experts stress the importance of **positive discipline** with moral feeling when addressing the child about their behavior. Simply, whenever a child intentionally chooses to insult, hit or threaten others, the child will consistently face the consequences that are immediate and fair.

What to do if a student is being bullied

There are many strategies that may help the child if he/she is being bullied. Some helpful things to share with your child/student are:

Know that it is not your fault

Don't respond to bullying by being a bully

Ask for help from people you trust

Waimea Elementary will be starting a Peer Mediation Program beginning second quarter. We will be working with the West Hawaii Mediation Center.

We are looking for students in grades 4 & 5 that are fair and unbiased, that may have the skills to help other students work out their inter-personal conflicts with each other in a supportive and nonviolent manner.

Please contact Vikki Adams, the on-site Program Coordinator, with questions or comments. 887-7636 x235

School-Kine SUCCESS!!!

Our students got a great kick start in sales this year, selling over 3,750 bags of School-Kine cookies for our first fundraiser of the school year! Way to GO!! Some of this money will be used to help further the playground expansion project, as well as help with student incentives and field trips. Thank you so much for your help! We raised over \$12,000 with this wonderful fundraiser!!!

WAY TO GO BRONCOS!!!

Ongoing Fundraising Opportunities

- **Box Tops for Education:** this successful program is being handled by the Waimea Elementary School Student Council and funds collected will be determined by the students elected to be part of Student Council. Collecting box tops costs no money and the students learn valuable lessons on sorting, counting, and submitting the box tops, plus there are tons of educational opportunities around teaching the kids how to use the funds they collect. Watch your child's Thursday envelope for collection sheets!
- **Domino's Dough-Raising Night:** Every third Wednesday of the month, you don't need to worry about cooking dinner!! 25% of your order total through Domino's Pizza (located in the Parker Ranch Food Court) will get donated back to Waimea Elementary School.

NEXT DOUGH-RAISING NIGHT IS WEDNESDAY, OCTOBER 15TH!!

- **Oliver's Labels:** Oliver's Labels is a great company offering a wonderful product to help you keep track of your kids' belongings. Keep your child's things out of lost-and-found by labeling them with your child's name and your contact information. Labels are specially designed to stick to clothing, shoes, school supplies, etc. The best part? A portion of sales gets returned to Waimea Elementary!! Visit <http://www.oliverslabels.com/hawaii> to place your order today.

OCTOBER

BREAKFAST 2014

WG=WHOLE GRAIN				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG 29	30	1	2	3
MINI PANCAKES	BR. CHICKEN PATTY	CINN. RAISIN BAGEL	SCRAMBLE EGG	PORT.SAUSAGE
TURKEY LINKS	HAPA RICE	PORK SAUSAGE	WG TOAST	HAPA RICE
CRAISINS	MANDARIN/PINE	ORANGE WEDGE	PEACHES	DICED PEARS
APPLE JUICE	GRAPE JUICE	GRAPE JUICE	ORANGE JUICE	APPLE JUICE
CEREAL	CEREAL	CEREAL	CEREAL	CEREAL
6	7	8	9	10
FALL BREAK			NO SCHOOL	
13	14	15	16	17
PEPPER-PIZZA STIX	TURKEY LINK	WG CINN. ROLL	PORK LINKS	WG BAGEL
WG CINN. TOAST	HAPA RICE	PORK SAUS. PATTY	HAPA RICE	W/CREAM CHEESE
ORANGE WEDGE	PEACHES	PAPAYA & PINAPPLE	DICED PEARS	MANDARIN & PINE.
APPLE JUICE	GRAPE JUICE	ORANGE JUICE	GRAPE JUICE	CRAISINS
CEREAL	CEREAL	CEREAL	CEREAL	CEREAL
20	21	22	23	24
PORK SAUSAGE		WG PANCAKES	WG MUFFIN	PORT.SAUSAGE
HAPA RICE	TEACHERS	W SYRUP	BR. CHICKEN PATTY	HAPA RICE
APPLE SC.	INSTITUTE DAY	DICED PEARS	PINEAPPLE	PEACHES
ORANGE JUICE		APPLE JUICE	GRAPE JUICE	APPLE JUICE
CEREAL		CEREAL	CEREAL	CEREAL
27	18	29	30	31
BB PANCAKE ON STIX	PORK LINKS	PEPPER-PIZZA STIX	TURKEY LINK	YOGURT
WG TOAST	HAPA RICE	WG CINN. TOAST	HAPA RICE	WG CINN. TOAST
APPLE SC	PINEAPPLE	DICED PEARS	ORANGE WEDGE	PEACHES
CRAISINS	GRAPE JUICE	ORANGE JUICE	GRAPE JUICE	APPLE JUICE
CEREAL	CEREAL	CEREAL	CEREAL	CEREAL
ALL LUNCH COMES WITH CHOICE OF 1% OR SKIM MILK, 1/2 PINT				
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER				

OCTOBER

LUNCH 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
CHICKEN TENDERS ON SHR. CABBAGE	SOFT SHELL TACO LETTUCE/TOMATO	ITALIAN SAUSAGE PIZZA	WG CORN DOGS POTATO SMILES	KALUA CABBAGE HAPA RICE
HAPA RICE	POTATO ROUNDS	GARDEN SALAD	BAKE BEANS	LOMI TOMATO
BROCCOLI/CARROTS	PEACHES	BABY CARROT	ORANGE WEDGE	PINEAPPLE
APPLE SC.		DICED PEARS		PORT. SWEET ROLL
6	7	8	9	10
FALL BREAK			NO SCHOOL	
13	14	15	16	17
FISH NUGGETS	TERI CHICKEN w/ NOODLES & EGGROLL	CHILI w BEEF/BEAN STEAMED RICE	ASIAN CHICKEN ON SHREDD. CABBAG	CHEESEBURGER LETTUCE/TOMATO
HAPA RICE	TOSSED SALAD	GARDEN SALAD	HAPA RICE	POTATO ROUNDS
RAINBOW SALAD	ORANGE WEDGE	FRUIT JUICE	VEGETABLE MEDLEY	APPLE WEDGE
BAKE BEANS		WG CORN BREAD	PEACHES/WG ROLL	WG BUN
PINEAPPLE				
20	21	22	23	24
CHICKEN PATTY		BR. PORK CHOP PATT	BAKED SPAGHETTI	CHEESE PIZZA
LETTUCE/TOMATO	TEACHERS	WHIPPED POTATO	SPINACH/ ROMAINE	GARDEN SALAD
OVEN FRIES	INSTITUTE DAY	EDAMAME/CORN	PINEAPPLE	BABY CARROT
ORANGE WEDGE		APPLE WEDGE	WG FRENCH ROLL	MIXED FRUITS
WG BUN		WG ROLL		
27	28	29	30	31
BEEF STEW	SLOPPY JOE	CHICKEN PASTA	BAKE CHICKEN	BBQ PORK SAND.
STEAMED RICE	OVEN FRIES	w/ BROCCOLI	HAPA RICE	BAKE BEANS
MIXED FRUITS	SPINACH/ROMAINE	GARDEN SALAD/TOM	BROCCOLI/CARROTS	CORN
	APPLE WEDGE	ORANGE WEDGE	PINEAPPLE	DICED PEARS
WG BISCUIT	WG BUN		WG ROLL	WG BUN
ALL LUNCH COMES WITH CHOICE OF 1% OR SKIM MILK, 1/2 PINT				
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