



Huntington Beach Union High School District Board Policies and Administrative Regulations

BP 6142.7
Page 1 of 2

Instruction

Physical Education

The Governing Board recognizes the positive benefits of physical activity for student health and academic achievement. The district shall provide all students the opportunity to be physically active on a regular basis through high-quality physical education instruction. The Board desires to provide an activity focused physical education program that supports the district's coordinated student wellness program, builds interest and proficiency in movement skills, and encourages students' lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of common goals.

The district's physical education program shall provide a developmentally appropriate sequence of instruction aligned with the state's model content standards and curriculum frameworks. The Superintendent or designee shall ensure that the district program provides students with equal opportunities for instruction and participation regardless of gender in accordance with law.

The overall course of study for grades 9-12 shall include the effects of physical activity upon dynamic health, the mechanics of body movement, aquatics, gymnastics and tumbling, individual and dual sports, rhythms and dance, and team sports. The Board shall approve the courses for which physical education credit may be granted.

Students with disabilities shall be provided instruction in physical education in accordance with their individualized education program or section 504 accommodation plan.

The Superintendent or designee shall annually administer the physical fitness test designated by the State Board of Education to students in grade 9 and report the results of the physical fitness testing for each school and grade level. (Education Code 60800; 5 CCR 1041)

Physical Education, (continued)

With the student's consent, the Superintendent or designee may exempt a student from physical education courses for any two years during grades 10-12 provided that the student has satisfactorily met at least five of the six standards of the state's physical fitness test in grade 9. (Education Code 51241)

The Superintendent or designee may grant a permanent exemption from physical education to an individual student who has passed the two-year physical education requirements under the following condition: (Education Code 51241)

- The student is age 16 years or older and has been enrolled in grade 10 for one or more academic years.

Legal Reference:

EDUCATION CODE

33126	School Accountability Report Card
35256	School Accountability Report Card
49066	Grades; physical education class
51220	Course of student, grades 9-12
51222	Physical education
51241	Temporary, two-year or permanent exemption from physical education
51242	Exemption from physical education for athletic program participants
52316	Excuse from attending physical education classes
60800	Physical performance tests

CODE OF REGULATIONS, TITLE 5

1020-1048	Physical performance tests
3051.5	Adapted physical education for individuals with exceptional needs
10060	Criteria for high school physical education programs

UNITED STATES CODE, TITLE 29

794	Rehabilitation Act of 1973, Section 504
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UNITED STATES CODE, TITLE 42

1751	Note Local wellness policy
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ATTORNEY GENERAL OPINIONS

53	Ops. Atty. Gen. 230 (1970)
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Policy

Adopted: 3/11/97

Revised: 8/17/10