

Sports Physicals and Athletic Consent Forms

- **All students** wishing to participate in a BFC sport must have a *sports physical*. It must be on the MHSAA form. The form can be found on the BFC web site (athletics forms section) and in the main office.
- *Sports physicals* may be obtained from your family doctor or a walk in clinic.
- *Sports physicals* must be dated on or after April 15 of the previous school year. We understand that insurance only allows for one physical a year but there are no exceptions to this.
- All participants in sports must have a *sports physical* on file in the school office before the first date of tryouts or practice. You may **not** practice or try out with a team without a *sports physical* on file in the athletic office.
- Physicals **MUST** be turned in to the school or athletics office. **DO NOT TURN PHYSICALS INTO THE COACH.**