

7th Grade

Name _____

Due Friday, Oct.4

Running # _____ Per. _____

Assignment # 3

P.E. VOCABULARY

IN COMPLETE sentences please do the following:

1. Define each vocabulary word as it relates to health/physical education.
2. No Plagiarism

1. Pulse-

2. Effort-

3. Aerobic activity-

4. Anaerobic activity-

Sentence: Chargers vs. Raiders football game

Who will win this football game? Explain why?