

## ASSISTANT COACH - HIGH SCHOOL

### General

Assist the head coach for a particular sport with the training and instruction of student athletes, maintaining appropriate practice and play schedules, and conforming to all District, school, league and C.I.F. policies and procedures for athletics. Represent RHS, the District and community in a professional manner. All assistant coaches are under the immediate supervision of the head varsity coach.

### Essential Responsibilities

1. Apply knowledge of skills, techniques, and rules of the sport to assist athletes to reach their fullest potential;
2. Develop positive team spirit and morale;
3. Display sound methods to teach skills and techniques;
4. Maintain discipline in a firm and friendly manner;
5. Conduct well-planned practice sessions;
6. Help with the issuing, inventory and cleaning of equipment;
7. Assist the head coach in working with appropriate community organizations to foster the development of a feeder program;
8. Assist with the planning and implementation of activities within the District that encourage the development of an articulated feeder program;
9. Assist the head coach and athletic director with recruiting qualified coaches for the program;
10. Help the head coach annually evaluate the strengths and weaknesses of the program;
11. Establish and maintain a positive line of communication with student athletes, parents and community;
12. Implement the Coaching Philosophy of the head coach in the program;
13. Assume additional responsibilities, tasks, and duties as may be determined by the head coach; and
14. Implement the school and District Athletic Philosophy.

### Qualifications

1. Teacher/Coach: California credential authorizing secondary teaching.
2. Coach: Sufficient education to meet knowledge, skills and abilities.

**PHYSICAL DEMANDS:** The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is regularly required to stand, walk, and talk or hear. The employee frequently is required to use hands to finger, handle, or feel and reach with hands and arms. The employee is occasionally required to climb, balance, stoop, kneel, crouch, run, throw, catch, bend, crawl, squat, twist, tumble, swing, stretch, push, pull, reach, grasp, etc., in a repetitive manner for periods of time, possibly as long as 20-30 minutes. The employee must be able to demonstrate athletic movement and sports skills and participate in sports activities with moderate to extensive levels of physical stress. The employee must occasionally lift and/or move up to 100 pounds. Specific abilities required by this job include distance vision, and peripheral vision, the ability to hear conversations in quiet and noisy environments, and the ability to speak clearly in order to exchange information. The employee will frequently interact with the public and other staff and occasionally work extended hours. Some driving is necessary.

**WORK ENVIRONMENT:** The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is often exposed to outside weather conditions. The noise level in the work environment is usually moderate to loud. The employee is required to interact occasionally with dissatisfied or abusive individuals. The employee is directly responsible for the safety, well-being and work output of students.

The information contained in this job description is for compliance with the Americans with Disabilities Act and is not an exhaustive list of the duties performed for this position. Additional duties are performed by the individuals currently holding this position and additional duties may be assigned.

Adopted 2/6/95; Revised 9/97