

College Unbound Lifelong Learning Competencies – The Big 10

Each student's learning plan, regardless of program of study, includes these 10 learning goals.

Key:	Approaches	Begins to see and understand key concepts and principles.
	Meets	Understands and applies key concepts and principles in some areas.
	Highly Developed	Demonstrates a deep understanding/working knowledge of key concepts and principles and applies them in most or all areas.

Attribute/Skill	Approaches	Meets	Highly Developed
Integrated and Applied Knowledge			
• Understands the major concepts, skills, and tools of inquiry of the fields and content areas applicable to their work.			
• Chooses and applies the content knowledge necessary for the context.			
• Recognizes relationships between content areas and easily moves from one to another as necessary to accomplish goals.			
• Questions information, understanding that knowledge is uncertain and must be understood in relationship to context and evidence.			
• Uses appropriate learning resources effectively.			
Critical Thinking			
• Assesses accuracy and credibility of sources.			
• Accesses, analyzes, and connects information.			
• Makes informed and effective decisions based on relevant criteria.			
• Tests conclusions and generalizations.			
• Reconstructs one's beliefs on the basis of wider experience.			
Problem Solving			
• Asks the right questions.			
• Able to define the problem.			
• Gathers and interprets necessary data.			
• Evaluates and selects alternative solutions.			
• Effectively implements solutions.			

Attribute/Skill	Approaches	Meets	Highly Developed
Communication (Written, Oral, Visual)			
• Articulates and defends ideas clearly and effectively.			
• Provides specific details and concrete examples.			
• Uses media appropriate to audience and purpose.			
• Able to communicate a concept differently so that all understand.			
• Demonstrates control over ideas and content, voice, organization, word choice, sentence fluency, and conventions.			
Accountability			
• Carries out a learning plan systematically and sequentially.			
• Exercises personal responsibility toward learning and life goals.			
• Manages time and workload well.			
• Practices integrity – walks their talk.			
• Is accountable for deadlines, results, end products.			
• Holds others accountable for following through on contributions to the learning.			
Collaboration			
• Views self as a member of numerous communities.			
• Listens to dissent and alternate points of view.			
• Engages in dialogue rather than debate.			
• Seeks and offers help.			
• Negotiates and manages conflict.			
• Offers and receives constructive criticism.			
• Values diversity and honors equity.			
• Engages effectively with the members of his/her support team.			

Attribute/Skill	Approaches	Meets	Highly Developed
Creativity			
• Is curious about the world around them.			
• Looks for many possible answers—new solutions/old problems.			
• Demonstrates openness to new ideas.			
• Learns from what didn't work as well as what did.			
• Comfortable doing things differently from the norm.			
Reflection			
• Engages in honest self-appraisal.			
• Thinks about and analyzes actions with the goal of improving.			
• Asks "what if".			
• Identifies and resolves problems.			
• Synthesizes ideas.			
Resilience			
• Works through failure, seeing setbacks as temporary.			
• Develops and uses coping resources.			
• Accesses a system of supports.			
• Demonstrates flexibility.			
• Adapts readily to change.			
Advocacy for Self and Others			
• Advocates for personal interests and needs.			
• Makes own decisions about short and long term plans.			
• Uses the strengths of self and others to achieve common goals.			
• Acts and takes charge without need of a manager.			

