

Corn Dog	
Nutrition Facts	
Serving Size: Each	
Serving per Container: 1	
Amount Per Serving	
Calories: 240	Calories from Fat 72
	% Daily Value ²
Total Fat 8.0g	12%
Saturated Fat 2.0g	10%
Trans Fat ¹ 0.0g	
Cholesterol 20mg	7%
Sodium 590mg	25%
Total Carbohydrate 33.0g	11%
Dietary Fiber 5.0g	20%
Protein 9.0g	18%
Vitamin A 0%	Vitamin C 0%
Calcium 15%	Iron 15%
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.	
² - Percent Daily Values are based on a 2,000 calorie diet.	
N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.	

7 Pc. Chicken Nuggets	
Nutrition Facts	
Serving Size: 7 Pieces	
Serving per Container: 1	
Amount Per Serving	
Calories: 238	Calories from Fat 101
	% Daily Value ²
Total Fat 11.2g	17%
Saturated Fat 2.8g	14%
Trans Fat ¹ 0.0g	
Cholesterol 70mg	23%
Sodium 554mg	23%
Total Carbohydrate 12.6g	4%
Dietary Fiber 1.4g	4%
Protein 21.0g	42%
Vitamin A 4%	Vitamin C 2%
Calcium 31%	Iron 3%
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5 Pc. Chicken Nuggets	
Nutrition Facts	
Serving Size: 5 Nuggets	
Serving per Container: 1	
Amount Per Serving	
Calories: 170	Calories from Fat 72
	% Daily Value ²
Total Fat 8.0g	12%
Saturated Fat 2.0g	10%
Trans Fat ¹ 0.0g	
Cholesterol 50mg	17%
Sodium 396mg	16%
Total Carbohydrate 9.0g	3%
Dietary Fiber 1.0g	4%
Protein 15.0g	30%
Vitamin A 3%	Vitamin C 2%
Calcium 22%	Iron 2%
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Cheese Pizza WGR	
Nutrition Facts	
Serving Size: Serving	
Serving per Container: 1	
Amount Per Serving	
Calories: 300	Calories from Fat 108
	% Daily Value ²
Total Fat 12.0g	18%
Saturated Fat 6.0g	30%
Trans Fat ¹ 0.0g	
Cholesterol 30mg	10%
Sodium 520mg	22%
Total Carbohydrate 28.0g	9%
Dietary Fiber 5.0g	20%
Protein 22.0g	44%
Vitamin A 10%	Vitamin C *N/A*
Calcium 40%	Iron 2%
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.	
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.	

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Pepperoni Pizza

Nutrition Facts

Serving Size: Slice

Serving per Container: 1

Amount Per Serving

Calories: 380

Calories from Fat 162

% Daily Value²

Total Fat 18.0g 28%

Saturated Fat 8.0g 40%

Trans Fat¹ 0.0g

Cholesterol 35mg 12%

Sodium 770mg 32%

Total Carbohydrate 33.0g 11%

Dietary Fiber 3.0g 12%

Protein 22.0g 44%

Vitamin A 15%

Vitamin C 10%

Calcium 45%

Iron 15%

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