

Parent-Student Homework Activity

Keeping It Real...About Sex!

Directions: Explain to your parent(s) or other adult that you are learning how to select and protect personal rules about sex, with many of your classroom activities stressing that most teens your age are choosing not to have sex. Using this worksheet, start a conversation with your parent or other adult. Write their answers in the space provided.

1. In class I am learning that most teens my age are choosing not to have sex. Do you think this is a good rule for me or someone my age to have and stick to?
Why?

2. In our class activities I have seen some of the story characters pressure each other to have sex. How do you think I or someone my age can handle the pressure from friends to have sex?

3. I am also learning how to protect my personal rules. How can you help me if I'm ever in a situation where it might be hard for me to stick to my rule?

Cut here and return this part to your *It's Your Game...Keep It Real* teacher.

We have completed the "Keeping It Real...About Sex" homework together.

Student's Name (Print): _____

Parent/Guardian's Signature: _____