

Counselor's Corner

SHORT NOTES



STUDY SMARTS

From a spelling quiz to a social studies test, studying is a skill youngsters will need throughout their years of school. Here are a few helpful tips.

Start a habit.

Set a time every day to do their homework and practice their spelling words and math facts. Encourage your child to treat studying as a daily assignment.

Make it brighter

Try to have a place for your youngster to study and do their work with the least amount of interruptions. Also have a hard surface with plenty of light for them to do their work.

Try new things

We all learn in different ways so try to incorporate a multiple of ideas. For example; use colored pencils to write down different words on index cards. Then he/she can practice spelling them out loud and looking at the ones they missed and try again.

Letford and Milliken Elementary School
Katy Burack, Guidance Counselor
LES-587-6140 MES-587-6216

- **Character Traits**
- **Trustworthiness**
- **Respect**
- **Responsibility**
- **Fairness**
- **Kindness**
- **Citizenship**

Counseling

If your youngster is having difficulty dealing with a problem or is having a hard time with a new change please stop in or feel free to give me a call or send an email. I have resources available for you to use to help them through and I can even work with them to provide guidance.

After School Chats

“What’s in your backpack?” Greet your child with a question like this and you’ll discover a lot about what he/she does in class.

*Set a time each day to go through the papers they bring home.

*Look over their work together. Help them feel proud by making specific comments on something they did that day.

*Have them talk through math problems to show what she’s learned.



Bully Beware

Remind your youngster to report bullying to a teacher or another adult. Let them know they are not tattling but helping out a child in need. Tell them to try and be brave and say “Stop” to the person who is acting like a bully.