

## ADAPTIVE PHYSICAL EDUCATION INSTRUCTOR

### Definition

Under supervision of the Administrative Assistant Educational Services, to help students resolve such personal, emotional, and social problems as they interfere with adjustment to school and capacity to enjoy the fullest benefits of the education offered them.

### Essential Responsibilities

1. Develop activities, games, and sports suited to the interests and capabilities of eligible students with disabilities;
2. Coordinate the activities with functions of the regular P.E. programs;
3. Design P.E. programs specifically for special day class students;
4. Provide students with an opportunity to learn to participate in appropriate recreational and leisure time sports activities;
5. Provide physical fitness activities to improve the development of organic and neuromuscular systems;
6. Help each student to gain knowledge and an appreciation of personal physical and mental limitations;
7. Help students make social adjustments to develop feeling of self-worth;
8. Inform and assist coaches and P.E. personnel with information and activities relating to limitation of disabled students;
9. Serve on Individual Educational Planning Teams when appropriate.

### Qualifications

1. Three years of teaching experience
2. Knowledge and experience in the use of educational and physical education evaluation instruments;
3. Training and related experiences in the education of individual with exceptional needs.
4. Master's Degree preferred.
5. Special Education and/or Adaptive P.E. Authorization;
6. California Driver's License.

### Other

Shall have a vehicle for school business use.

**PHYSICAL DEMANDS:** The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The employee is required to: regularly stand, walk, and talk or hear; frequently use hands to finger, handle, or feel and reach with hands and arms; occasionally climb, balance, stoop, kneel, crouch, run, throw, catch, bend, crawl, squat, twist, tumble, swing, stretch, push, pull, reach, grasp, etc., in a repetitive manner for periods of time, possibly as long as 20-30 minutes; demonstrate athletic movement and sports skills and participate in sports activities with moderate to extensive levels of physical stress; occasionally lift and/or move up to 100 pounds; frequently interact with the public and other staff; and occasionally work extended hours. Specific abilities include distance vision, peripheral vision, the ability to hear conversations in quiet and noisy environments, and the ability to speak clearly in order to exchange information. Some driving is necessary.

**WORK ENVIRONMENT:** The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is often exposed to outside weather conditions. The noise level in the work environment is usually moderate to loud. The employee is required to interact occasionally with dissatisfied or abusive individuals. The employee is directly responsible for the safety, well-being and work output of students.

The information contained in this job description is for compliance with the Americans with Disabilities Act and is not an exhaustive list of the duties performed for this position. Additional duties are performed by the individuals currently holding this position and additional duties may be assigned.

Adopted 1/20/87; Revised 9/97