

End of Term Reflection on Learning

Your **reflection** of your growth and learning up to this point is an important part of your learning exhibition and evaluation. It is an opportunity to describe in greater depth your learning process, learning outcomes, and what you think about your progress this term.

The End of Term Reflection is to share the big picture of your learning, while the exhibition focuses only on selected details. Your reflection should include:

- **A description of your workplace learning experience**

This should include strengths and weakness of the experience, and descriptions of specific activities that allowed you to test course ideas and contributed to your learning.

- **At least three of the Big Ten Lifelong Learning Competencies**

Don't just 'list' the Course Outcomes and Big Ten but use each one as a basis for a short reflection of how/why these have been important for your semester. Refer to the bulleted descriptions underneath each of the Big 10 in your handbook rather than just the category.

***For example:** This semester I have been intentional about building my collaboration skills by paying closer attention to the multiple communities I interact with. I shared my opinion twice in a staff meeting at work last week. I usually don't share with that group. I am getting better about sharing my ideas and my progress with my cohort on Monday nights and asking for their feedback. Critical feedback used to shut me down. Last week, I asked Tracy if I could share first and asked my peers to help me specifically by helping me find places where I needed more details. They pointed out every time I used the words "great" or "terrific" (10 times in one paper) rather than using a specific example and letting my reader figure out that the experience I was describing was "terrific". Last year, that would have either made me angry or I would have lost confidence. Now I am using their feedback to make my work stronger.*

- **At least one learning outcome from each course** (if you are unsure, please check with your Academic Advisor) and reflection about how they guided your work and how you grew in your learning.
- **At least one thing you have learned while working with your learning community during the Lifelong Learning Seminar on Monday nights.** This could be something you've learned related to your coursework, technology use, project work, progress in the Big 10, guest speakers, or anything else time together helped you figure out.
- **At least one thing you learned from your interaction on The CN.**
- Your **personal evaluation of your performance** during this term. Where did you excel? What do you feel best about? Where did you struggle? Are there parts of your performance that you know were less than your best?
- Your **specific goals for improving** areas of your performance next term.